



## First Aid Saves Lives

### Why This Matters

Immediate first aid response can significantly reduce the severity of injuries and save lives before professional medical help arrives. Quick and correct action makes a critical difference during emergencies.

### Common Causes

- Delayed response to injuries or medical emergencies
- Lack of trained first aiders on site
- Inaccessible or poorly stocked first aid kits
- Panic or lack of knowledge during emergencies

### Practical Safety Actions

- Ensure trained first aiders are available on site
- Keep first aid kits fully stocked and easily accessible
- Report injuries and emergencies immediately
- Provide basic first aid until medical professionals arrive
- Regularly train workers in basic first aid and emergency response

**Prompt first aid response can save lives and prevent minor injuries from becoming severe.**

